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# Job details

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**Bulletin Number** 3366BR

Type of Recruitment

Open Competitive Job Opportunity

Department Mental Health

**Position Title** MENTAL HEALTH COUNSELOR, R.N.

**Exam Number** 25278H

Filing Type **Open Continuous** 

Filing Start Date 08/06/2012 Salary Type Monthly Salary Minimum 6318.60 Salary Maximum 9205.01

Special Salary Information

Persons employed in this position shall be compensated at a salary range commensurate with education and/or experience at the time of

appointment.

Information

Position/Program This experienced-level class functions as a primary provider of mental health nursing services to individuals, families, and groups in a range

of mental health care settings.

**Essential Job Functions** 

Provides individual counseling to a caseload of assigned patients in the regional Mental Health Clinic.

Conducts initial interview and ongoing assessment of client's presenting problems, including mental status, level of functioning, developmental status, social and employment skills, co-occurring substance abuse problems, and mental and physical health educational needs.

Obtains client's social and medical history, and integrates assessment of physical health problems that impact the client's mental illness. Provides input to the multidisciplinary team with respect to the client's diagnosis as impacted by physical health problems.

With the participation of the client and appropriate others, plans and conducts the Client Care Coordination Plan; and in collaboration with the treatment team, determines whether the client requires long- or short-term counseling, the priorities in which the problems will be addressed, the counseling methods to be used, and the advisability of using individual or group counseling.

Administers psychotropic medication; monitors drug effectiveness and side effects; and provides drug education to clients and clients' families.

Provides periodic and ongoing re-assessment of changes in client's mental and physical health status, nutritional status, and progress toward recovery.

Plans and conducts conferences with family members, significant others, and caregivers in order to gain insight into the client's mental illness by observing how the client reacts to the family and the family to the client.

Evaluates client outcomes and periodically consults with the psychiatrist to determine the need for adjustments in the Client Care Coordination Plan.

Guides individual and group therapy activities by facilitating communication, clarifying questions, explaining behavior characteristics, and encouraging interaction within the group in order to assist clients in gaining insight into their emotional problems and in developing new coping strategies.

Identifies community agencies and resources to assist clients with rehabilitation and recovery while living in the community; and may interact with private medical facilities, courts, and governmental agencies to link or coordinate services.

Participates in team meetings to discuss ongoing client needs and progress, shift activity, and adherence to program policies and procedures such as documentation and timeliness of services and/or treatments provided.

Serves as a member of the Psychiatric Mobile Response Team or similar crisis response team in reply to urgent requests to evaluate the mental status of persons who appear dangerous to themselves or others, or who appear to be gravely disabled due to mental illness.

Assesses client's suicidal or homicidal tendencies, potential for violence toward self or others, and grave disability; makes independent judgment with respect to client's need for involuntary treatment; and, where appropriate, signs application for immediate 72-hour detention at a hospital facility or schedules an appointment for evaluation and treatment at mental health clinic.

As acting Officer of the Day, provides triage, information and referral when appropriate, and may assess incoming clients for assignment within the unit or department.

Conducts site reviews and investigates client complaints or grievances by reviewing clinical records to ensure quality of care, appropriateness of medications administered based on diagnosis, and overall mental health treatment plan; writes plan of corrective action as appropriate and conducts follow-up visits as necessary to ensure that compliance standards are met.

### Requirements

## **SELECTION REQUIREMENTS:**

**OPTION I:** One year as an Assistant Mental Health Counselor, RN\* in the service of Los Angeles County.

-OR-

**OPTION II:** A Bachelor's degree\*\* in Nursing from an accredited\*\*\* college or university with completion of specialty coursework\*\*\*\* in psychiatric nursing **-AND-** two years of full-time paid post baccalaureate experience as a registered nurse in psychiatric nursing.

-OR-

**OPTION III:** A Master's degree\*\* in Psychiatric Nursing from an accredited\*\*\* college or university **-AND-** one year of full-time paid post-graduate experience as a registered nurse in psychiatric nursing.

**LICENSE REQUIREMENT:** Current possession of a valid active permanent Registered Nurse license\*\*\*\*\* issued by the State of California Board of Registered Nursing.

### **Physical Class**

**Physical Class II** – Light: Light physical effort which may include occasional light lifting to a 10 pound limit, and some bending, stooping or squatting. Considerable walking may be involved.

## License(s) Required

\*\*\*\*\*A copy of a valid active permanent license to practice as a Registered Nurse issued by the State of California Board of Registered Nursing must be submitted AT TIME OF FILING.

A valid California Class C Driver License -OR- the ability to utilize an alternative method of transportation when needed to carry out job-related essential functions.

## Special Requirement Information

\*To qualify, applicants must have County status in the class as evidenced by holding such payroll title. NO OUT-OF-CLASS EXPERIENCE WILL BE ACCEPTED.

\*\*Degree(s) and/or Official Transcripts must indicate the required specialized field in order to be evaluated. Candidates whose educational degree(s) and/or Official Transcripts do not show the specialty must provide a written statement from their university or college Registrar's Office indicating the education specialty on the university/college's letterhead. A copy of your degree, Official Transcripts, and/or written statement from the Registrar's Office must be submitted AT TIME OF FILING.

\*\*\*\*Under Option II - A copy of official transcripts showing the completion of the required psychiatric nursing coursework with the corresponding unit credits must be submitted AT TIME OF FILING.

# Accreditation Information

\*\*\*Accredited institutions are those listed in the publications of regional, national or international accrediting agencies which are accepted by the Department of Human Resources. Publications such as <a href="American Universities">American Universities</a> and <a href="Colleges">Colleges</a> and <a href="International Handbook of Universities">International Handbook of Universities</a> are acceptable references. Also acceptable, if appropriate, are degrees that have been evaluated and deemed to be equivalent to degrees from United States accredited institutions by an academic credential evaluation agency recognized by <a href="The National Association of Credential Evaluation Services">The National Association of International Credential Evaluators</a>, Inc. (AICE).

# Examination Content

This examination will consist of an interview weighted 100%. The interview will evaluate training, experience, personal fitness and general ability to perform the duties of the position. **CANDIDATES MUST ACHIEVE A PASSING SCORE OF 70% OR HIGHER ON THE EXAMINATION TO BE PLACED ON THE ELIGIBLE REGISTER.** 

# Special Information

Appointees may be required to work any shift, including evenings, nights, holidays, or weekends.

Past and present mental health clients and family members are encouraged to apply.

# Vacancy Information

The resulting eligible register for this examination will be used to fill vacancies in the Los Angeles County Department of Mental Health.

# Eligibility Information

The names of candidates receiving a passing grade on this examination will be place on the eligible register in the order of their score group for a period of twelve (12) months following the date of promulgation on the eligible register.

No person may compete for this examination more than once in a

### twelve (12) month period.

### **Available Shift**

Anv

### Application and Filing Information

## **ONLINE FILING ONLY**

Applicants are required to complete and submit an online Los Angeles County Employment Application in order to be considered for this examination. Paper applications and/or resumes will not be accepted in lieu of online applications, although resumes may be uploaded as attachments to online applications.

### We may close this examination without prior notice.

Applicants must submit their applications by 5:00 pm, Pacific Standard Time(PST), on the last day of filing.

### **INSTRUCTIONS FOR FILING ONLINE:**

To apply online, click on the link above or below this bulletin which say, **Apply to Job** .

Clear and legible copies of the required documents (e.g. Diploma, Official Transcripts, Resume, License)must be uploaded as attachments during application submission -or- faxed to (213) 637-5892 within five (5) business days of filing online. Faxed documents must include your Name, Exam Number and Exam Title.

The acceptance of your application will depend on whether you have clearly shown that you meet the Selection Requirements. Your online application MUST show complete license, education, and work experience information. License information must show type of license, license number, original date of issue, and expiration date. Education information must include name and address of school attended, complete dates attended, name of course/s taken, number of units earned, and degree/s earned. Work experience must include employer name and address, name of work area/facility, actual payroll title held and not the working and/or functional titles, month, day and year of employment, total number of months, total number of hours worked per week - not a range of hours (full or part-time), and complete description of related job duties. If range of hours is provided, experience will be prorated based on the lowest number of hours per week. Candidates must provide copies of any and all required documents at the time of filing.

Applications may be rejected at any stage during the selection process. Applications with missing information will be rejected as incomplete.

All information supplied by applicants is subject to verification.

### County of Los Angeles Information

View details regarding Employment Eligibility Information, Social Security Act of 2004, Records of Convictions, Veterans Preference Credit, Los Angeles County Child Support Compliance Program, Americans with Disabilities Act of 1990 and the California Fair Employment and Housing Act by clicking on the link below:

### **GENERAL EXAMINATION INFORMATION**

#### OR

Visit <a href="http://dhr.lacounty.info">http://dhr.lacounty.info</a> to view the above information. Click on Career Opportunities' Tab, and then click on General Examination Information Tab.

**Equal Employment Opportunity:** It is the policy of the County of Los

Angeles to provide equal employment opportunity for all qualified persons, regardless of race, religion, sex, national origin, age, sexual orientation, or disability.

All positions are open to qualified men and women pursuant to the Americans with Disabilities Act of 1990 and the California Fair Employment and Housing Act.

The County will make reasonable accommodations.

Department Contact Name

Gloria Lucio

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Department Contact Email

Blucio@dmh.lacounty.gov

**ADA Coordinator** 

Phone

(213) 738-2823

California Relay Services Phone

(800) 735-2955

Job Field Nursing
Job Type Professional

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